

SPORT

Basketball



NASSA under-12s face the camera, along with club founder Natasha Hart (centre).
Picture: NASSA

An 11-point haul from Keanu Millington helped NASSA under-12s to a 61-55 success over their Barking & Dagenham Thunder rivals.

It was a tight game between the two local rivals which took place at the UEL SportsDock on Sunday.

The end of the first quarter saw the teams level at 14-14, before NASSA stepped up a gear to take a well-earned lead into half time.

The hosts continued to impress in the third quarter, before seeing out

the game in the final period to triumph.

As well as Millington, Reese Sangur-Castillo nabbed nine points, while Ashley Ferreira scored seven.

"It was a great day for NASSA and the success is a testament to the hard work from our coaches and players," said under-12s head coach Leandro Kamosso.

"All of the players have worked really hard and we are very proud of the result. It shows that we are still at the top of our game and that we have a lot more to offer."

Hockey

Wapping saw six of their teams beat the big freeze to pick up five wins and a draw at the weekend.

The women's first team had seen their East Premier derby with Old Loughtonians brought forward to a Wednesday night date and goals from Jordan Mulvaney and Katelynn Roganowicz sealed a 2-1 win.

Bee Armstrong took the player of the match award for Wapping at Luxborough Lane, while the thirds enjoyed a win by the same scoreline against Crostyx seconds on Saturday.

Looking to avenge their only loss of the season to date, they took the lead midway through the first half thanks to a sweeping finish from Charlotte Holt.

But a lapse in concentration allowed the hosts to hit back and level, before Jess Frith deflected in a short corner to seal the points and leave Wapping flying high in the Essex Premier Division going into the Christmas break.

Marie van Keef scored twice as the sixes beat Witham seconds 4-0 and the sevenths defeated

Brentwood fourths by the same margin.

Molly Smith scored twice, with Krystle Stewart and player of the match Hannah Bilson also on target in a fine end to 2017.

The men's thirds clinched a 3-0 win over Bishop's Stortford, thanks to goals from Dom Oliver, Hamish Forbes and Tom Rose and the sevenths beat Colchester seconds by the same score as Rory Cameron, Dave Bateman and Dave Charlesworth all found the target.

The 10th XI travelled to Witham Academy and made a bright start.

A host of chances went begging, with Nick Grimwood deflecting over from close range.

Wapping eventually got their reward when Alex van Milingen pounced on a rebound to open the scoring, but Witham pinned the visitors back in the second half.

The hosts forced 12 short corners, but converted only one of them as Wapping man of the match Robin Maytum made a string of fine saves.

Hans Mehrens impressed as a stand-in left-back.

Mundle's mini-marvels show their potential for Beagles



Beagles coach Tim Mundle with some of his medal winners at the weekend.

Picture: NEB

Athletics

Newham & Essex Beagles coach Tim Mundle may have retired from his job, but he has no intention of bowing out from his role bringing on the youngest at the prestigious club.

He was at Lee Valley on Saturday for the latest Minithon which saw 320 kids taking part in various events on a day that lasted from 12.45pm to 5.15pm.

"It was a really good day," said Tim. "All our youngsters were so good and so well behaved."

"You would think that some of the younger ones could be a real pain, but they are so professional in what they do. It really is a pleasure to coach them."

Olympic sprinter Dina Asher Smith was the special guest.

"She was brilliant with the kids," said Tim. "She spent so much time with them, giving them tips, signing autographs and having pictures taken."

On the day, 11 Beagles took to the track and chose three events to take part in as they looked to earn medals.



Christopher Thompson with Dina Asher Smith at Lee Valley.
Picture: NEB

Karis Wilson got the ball rolling for the Beagles as she tried out the 60 metres, 200m and the long jump to claim a gold, grabbing a long jump personal best, while there was also a best in the same event for Chenoa Acquah. She also competed in the 60m and 200m to claim bronze.

There were a couple of year threes in action as Toshi Anusien grabbed gold after his efforts in

the 60m, 200m and 600m, while Kenina Nkrumah also struck gold in the shot, 600m and 200m.

Morgan Anusien competed in the year four and five event where he took part in the 60m, 200m and long jump to take silver, while Shamouy Mills-Foster was in the 60m, 60m hurdles and the 200m to take a superb gold.

Jeremiah Oham also took gold in the 60m, 200m and long jump, while there was silver for Omar Bailey in the same events and bronze for Sanjay Saunders in the long jump, 200m and 600m.

Mundle's older youngsters will be eligible for the lower age group of the Youth Development League next year, so this season is a last hurrah for them.

Christopher Tompson won silver in the 60m, 200m and long jump and it was the same story for Funbi Osunsami, who managed a PB in his 200m.

Completing the Beagles line-up was Ossari Acquah who did the same three events and struck a superb gold.

The next minithon will be on February 24, where no doubt Tim Mundle will be in charge once again.

sport

Basketball

London Youngblood Lions Cubs under-14s racked up an emphatic 109-36 at home to Norfolk Iceni in their latest National League clash.

After winning the tip, Youngbloods scored the opening basket of the match and never looked back from there.

Though Iceni had some good

periods of play, Cubs held a 23-9 advantage by the end of the first quarter.

Youngbloods continued to impress in the second period and moved up a gear with their performance.

It allowed the Cubs to extend their lead as they took a 49-18 advantage into the interval.

To their credit, Norwich's

heads did not drop, but Youngbloods maintained their dominance in the second half.

Cubs led 79-24 by the end of the third quarter, with the victory all but guaranteed heading into the final period.

Youngbloods did not take their foot off the gas in the fourth quarter as they rounded out a fine win.