



Karl Johnson races for the line, but has to settle for second place in the English 400 metre hurdles at the weekend.

Jubilant Johnson grabs a stunning silver while King Henry leaps to fine bronze

Athletics

DAVE EVANS
dave.evans@archant.co.uk

Newham & Essex Beagles were celebrating this week after collecting two medals at the highly-competitive and prestigious English under-15/under-17 Championships in Bedford over the weekend.

There were a host of fine performances during the weekend from the young Beagles and they were rewarded with a silver and a bronze medal to show for their efforts.

Karl Johnson had been a superb athlete in his junior days and now he has matured into an under-17 performer who can live with the best in the country.

He finished second in his heat of the 400m hurdles, clocking 56.46 as he cruised over the line, knowing he was definitely through.

He was clearly saving himself for the final, where in a superb run, he finished in the silver medal position with a new personal best time of 53.21, with the champion clocking 52.98.

The other Beagles medalist was Jerome Henry who took part in the under-15 high jump.

The impressive teenager managed a new personal best of 1.83 metres on the day to collect third place with the top two leaping an impressive 1.97m and



Jerome Henry collects his bronze medal after a personal best performance at the English Championships in Bedford at the weekend. Pictures: EAA

1.86m to pip him.

Those were the two medalists from the weekend, but there were others who also showed their potential.

Aleeya Sibbons was the English Schools' champion back in July, clocking a personal best of 12.12 over 100m, but she could not find that sort of form in Bedford.

She won her heat in 12.65 and then finished second in her semi-final where she improved that time to 12.34.

However, the final proved a step too far for the under-15 as she finished eighth in a time of 12.64. A repeat of her personal best would have placed her second.

Dennis Jefia was sixth in his heat of the under-17 100m, while Dolita Shaw was in good form in the 200m.

She was third in her heat with a time of 25.22 and then battled to fifth place in the final, where her time of 25.01 was a fraction outside her personal best.

Emmanuel Oke rounded off the Beagles in action with seventh in the under-15 triple jump where his best effort was 11.98m.

Meanwhile, a tribute service for the late club coach Bob Smith will be held on September 2 at Brunel University's indoor training area in Kingston Lane, Uxbridge, with a 2pm start.

sport

Non-league football

Hackney Wick have to wait a while before playing their first Essex Senior League match in September.

Tolga Dervish's team went 10 days without a game during August and aren't in action until September 9 now.

Wick were set to travel to Great Wakering Rovers last night (Tuesday) after losing 3-2 at home to Basildon United on Saturday.

A crowd of 178 watched Dervish's team produce a thriller at the Old Spotted Dog last weekend.

Matteo King's double helped Wick hit back after Basildon had taken the lead in Forest Gate, but the hosts suffered heartbreak at the end of the match.

Bees scored their third on the stroke of full time to take all three points.

It was cruel on Wick, though they can take plenty of positives from the clash.

After visiting Great Wakering Rovers last night, Dervish now has 10 days to prepare for their first round qualifying tie in the FA Vase away to Tower Hamlets.

Bowls



Cliff Dye of Plashet Park was in fine form for his team. Picture: PLASHET PARK BC

Plashet Park scored an excellent win in their latest Ilford & District League game as they claimed three of the four rinks at home to Silverthorn.

The one disappointment for the East Ham club came on Farook Patel's rink of Moosa Patel and Cliff Dye, who slipped behind after four ends and never managed to get back into the game as they finally went down by 16-12.

But there were thumping wins for the other two rinks who both restricted their opponents to eight shots.

Yussef Saeed and his team of Bashir Patel and Ismail Umarji were in imperious form from the 10th end onwards as they ran out winners 24-8, while the other rink were also in control.

Hanif Munshi, Peter Chilkes and skip Vic Byrne were too good for their opponents to run out winners by 17-8 and help the team to a 53-32 overall win.

And they followed that up with an even more emphatic win over Ilford & District League high-fliers Wanstead Central over at Nutter Lane.

The architects of the magnificent win were Saeed and his team of Ahmed Bhaiji

and Moosa Patel who overwhelmed their opponents by a whopping 31-5.

They were backed up by Yakob Karim, Dye and skip Del Master in their match.

It was Central who held a narrow advantage early on, but Master rallied his team on the 12th end to grab a four-count and swing the match Plashet's way.

Dye was in stunning form and he was the catalyst to pick up seven on the 15th end as they ran out winners by 21-11.

Umarji and his team of Mushtaq Chamadia and Hanif Munshi were pipped 20-17, there was only going to be one winner as Plashet took it 69-36.

Meanwhile, Moosa Patel will look to win some silverware this Sunday when he goes to the Group 5 Finals day at Old Dagenham Park.

Patel, who is a former Champion of Champions runner-up at the Group finals, won his county badge earlier this month and will be looking to celebrate that in style.

It will not be easy for him though as he takes on Jerry Quy of Aldersbrook, one of the stars of this summer's singles competitions.

The Aldersbrook man beat Woodford's Kevin Reid in the semi-final by 21-10.