

## SPORT

## sport

## Bowls

**Central Park had to cope with constant rain in their Ilford & District League opener over at Silverthorn on Sunday, before grabbing overall victory.**

In fine form was Jim Grummett and his team of Derek Oldham and Sue Flynn as they won 13 of the 18 ends.

They romped to an impressive 22-7, but there was no such luck for Pam Oldham, Alan Dobson and skip Harry Morley.

They scored early, but dropped a whopping six on the sixth to allow Silverthorn to take a 10-4 lead.

Morley and his boys struggled to get back until they hit back with a six of their own and added another four to trail by just one at 18-17.

However, they then dropped four in the last two ends and lost 22-17.

Tracy Hicks and her team of John Lapping and Eddie Grigg were nip and tuck early on before Hicks stepped on the gas to take six of the next seven ends to go 15-9 in front.

They did drop three shots in the last two ends, but they held on 17-12 to take the match overall by 56-41 and eight of the 10 points on offer.

Last Wednesday's Cribb Triples League clash with Wanstead Central saw Central Park lose by six shots.

Grummett and his team of Dave Tydeman and John Lapping won by 20-16.

## Bowls

**Vic Byrne and his team of Yakob Karim and Farook Patel proved to be the difference between the teams as Plashet Park got the better of North Greenwich.**

Byrne's boys started well against Bob Stapleton's rink over at North Greenwich and they never looked back as they ran out impressive winners by 21-8.

It was just as well as the other two rinks in this Cribbs Triples League clash went the way of the home team.

Malcolm Brown and his team of Hanif Munshi and Peter Chilkes led 12-6 at one stage, but the home team hit back with seven shots in the last three ends to win 13-12.

Ishmael Umarji, Bashir Patel and skip Yussef Saeed went down 19-11, but Plashet held on to win 45-41 overall.



Karl Johnson (above right) is the county champion at 400m hurdles, while Matt Baptiste won gold in the discus. Pictures: NEB



## Medals galore for Beagles as they mix with the county best

## Athletics

## DAVE EVANS

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**The Essex Championships is always a huge event and this year was no exception as hordes of athletes descended on Chelmsford.**

And there were plenty of Beagles athletes to the fore and medals galore as both seniors and juniors showed what they could do.

There was a magnificent sprint double for under-13 Ossari Acquah, who eased into the 100 metre final with a time of 12.68 seconds and improved that to 12.60 as he took the gold.

But Acquah wasn't finished there as he was also in the 200m consistent. He clocked 25.36 to make it through and although he ran slightly slower in the final it was still enough for another gold.

Acquah was joined in the 100m by Nathaniel Hanson who finished third in the final and second in the long jump and by Noah Hanson who was also in the long jump.

Christopher Thompson joined Acquah in the 200m, finishing sixth in the final in 28.66.

Joel Pascall had a great weekend at under-17 level starting with a silver medal in the 100m where he clocked 11.44.

He was even better in the 200m, taking the title in 22.87, while Emmanuel Oke was second in the triple jump.

Aaron Ashmead-Shoye was fourth in the long jump and



Kehinde Ademola (left) and Stephanie Ugbo were one and two in the 100m.

second in the triple jump at under-15 level, where Louis Willson was also competing for Beagles and clocked 44.44 in his heat of the 300m.

At under-20 level, Karl Johnson put in a championship best run to win the 400m hurdles in 53.37, while Theo Fadayiro and Andrew Adegbite were first and second in the triple jump.

Mayowa Osunsami was second in the 100m final, where William Adeyeye also ran, while the pair were second and third in the sprint hurdles, with Rotimi Osunsami fourth.

The senior men also had a good championship with Emmanuel Stephens winning the 100m title in 10.79, while Emmanuel Sosanya was third in the 200m final.

Akeem Akintokun also ran in the 200m and followed that up with a fine third place in the 400m where he clocked 50.32.

Lennox Thompson was in superb form as he took the 400m hurdles by over three seconds.

Gintas Degutis won silver in the shot with Matt Baptiste in fourth, but he bounced back to win the discus and Alex Warner and Thomas Head were one and two in the hammer.

Warner threw 61.12 metres, with Head not far behind with 59.0m.

There were plenty of fine results for the women too, with Katie Head, sister of Thomas, leading the way with a championship best to strike gold in the hammer with 59.77m.

Kehinde Ademola and Stephanie Ugbo were one and two in the senior 100m, with Ndeye Nam in fourth place and Tiffany Ammer fifth.

Ugbo was also second in the high jump, while Grace Jenkins won the discus by 10 metres and was third in the hammer.

Jasmine Okoye was fourth in the under-20 100m, while there was success for Saryyah Shoyelu-Armstrong in the under-15 sprint, where she clocked 13.08, 13.31 and 13.01 on her way to gold.

Ayokusibe Adewale-Baderd was seventh in that final, while Shoyelu-Armstrong was also in the 200m where she was seventh.

Chenoa Acquah was the only under-13 girl for the Beagles, finishing 10th in the long jump.

All in all, it was an excellent competition for the Beagles and it augers well for the rest of the summer as the club looks for more medals.

## sport

## Baseball

**Major League Baseball will come to London for the first time next summer, with New York Yankees and Boston Red Sox meeting in two games at the London Stadium.**

The matches will take place at the venue in Queen Elizabeth Olympic Park in Newham on June 29-30.

The seating plan at the London Stadium will be reconfigured to suit baseball, with an estimated capacity of 55,000 for both matches.

It has also been confirmed there will be another two-game MLB series at the east London venue in the summer of 2020.

"I am absolutely delighted that we have secured this historic agreement for Major League Baseball to come to London in 2019 and 2020," said Sadiq Khan, the Mayor of London.

"All the hard work has paid off. There is no better way to start the London Series and the first Major League Baseball fixture in Europe than a clash between two heavyweights of international sport.

"This is a major coup demonstrating, once again, that London is the sporting capital of the world and I am excited about a new partnership with MLB and the long term future of this sport in our great city."

Red Sox principal owner John W. Henry added: "For several years the Red Sox and Yankees have discussed playing in London as the first-ever Major League Baseball regular season game in Europe.

"It's also the first time the Red Sox and Yankees have played one another outside of New York or Boston.

"There were significant challenges that had to be overcome. We could not be happier that Commissioner Robert D. Manfred Jr. has been able to make this a reality.

"This series will surely be the most significant international event to date for Major League ball. I can't wait to hear someone shout 'play ball' at London Stadium."

While the series will be the first MLB games to take place in the United Kingdom, the sport has already ventured out to other countries, including hosting regular season games in Mexico, Japan and Australia.