

Road Relay frustration for Beagles

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Olympic star drops in on local pupils

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Wednesday, October 10, 2018

Nine action-packed pages of all the best local sports news and pictures

sport

Athletics

Mighty Sir Mo Farah finally made it into the marathon big time at the weekend as he stormed to victory in Chicago.

The Newham & Essex Beagle broke his own British record as well as the European record as he won the famous race in 2hrs 5mins 11secs.

The 35-year-old, who was third in this year's London Marathon, was competing in his first full marathon in the US. He burst clear of

Ethiopia's Mosinet Geremew in the final halfmile in damp conditions and is the first British man to win the Chicago race since Paul Evans in 1996.

The Beagle, a six-time world champion and double Olympic champion at both 10.000m and



Mo Farah is the fastest even European in the marathon.

5,000m, retired from the track in August 2017 to focus on road racing. He has now pencilled in next year's London Marathon as well as the possibility of a crack at the Olympic marathon title in Tokvo in 2020.

And who is to bet against him collecting another gold medal in that event?



Marvin Ekpiteta, in action at Chesterfield, has been excellent for Leyton Orient this season. Picture: SIMON O'CONNOR

O's boss excited to host England C international

Leyton Orient

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Leyton Orient head coach Justin Edinburgh is excited to watch one of his players potentially represent their country tonight (Wednesday), writes George Sessions.

England C will be playing a friendly with Estonia's under-23 this evening and it will be hosted by the O's at the Breyer Group Stadium.

The 7.45pm kick-off should have Orient's Marvin Ekpiteta involved, but Josh Koroma has been forced to pull out with a knee injury.

Despite Koroma's fitness problems, Myles Judd, who was on the England C contingency list, has not been called into the 16-man squad. It means Judd will probably just be

a spectator as one of his team-mates pulls on the Three Lions shirt.

One person sure to be in the crowd is Orient head coach Edinburgh, who



Leyton Orient's Josh Koroma shoots at Harrogate Town Picture: SIMON O'CONNOR

confirmed last week he will be there to watch the international fixture. "We will absolutely get along to the game. All of the staff will be watching

it for sure," the O's boss revealed. Koroma featured in the last squad back in May and made his debut with Orient's Sam Ling also in the side against the Republic of Ireland Amateur team in Dublin.

Right-back Ling has since lost his spot in the starting XI to Judd and so has not made England C selection this time, but Orient are represented regardless.

It has been the opposite for centre back Ekpiteta, who has forced his way into Edinburgh's team this term and been a regular since August 11.

He will hope to make his debut on the international stage this week and it will cap a superb few months for the ex-East Thurrock United defender, who only joined the club in January. Edinburgh said: "I would have thought Marvin will make his

England C debut. He was excellent against Sutton United. "He tried to get us back into the game and he is improving with every

game, and Josh is the same. "Also, there are a lot of boys in our team who are in this position for the first time up at the top and

challenging and winning games. "I am looking forward to the England C fixture and of course hoping to see Marvin involved.

A statement on the official club website added: "We are delighted to be hosting an international friendly. "We'd love to see as many O's fans

cheering Marvin on as possible.' Tickets cost just £5 for adults and are free for seniors (over-65) and juniors (under-18s).



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