

sport

Athletics

There were some excellent displays by Newham & Essex Beagles at their latest Southern League match at the weekend - it was just a shame there wasn't more athletes to take part.

Parliament Hill Fields in London was the venue for the event and the glorious sunshine as well as the English Schools' Championship meant the Beagles were short on the day.

Nevertheless, there were some superb displays and wins, as well as some superb team spirit with veteran and coach Leroy Gould leading the way.

He won maximum points running solo in the B 400m hurdles as well as scoring useful points in the B 200m, the discus and the hammer.

Among the men, Victor Nutakor won the flat 400m in 50.2, with Chris Reid second in the B race, while there were second places in the 1,500m for Dara Chesser and Jad El-Houssimi.

Jason Harvey did well to win the A string 400m hurdles race, but in the field there were few Beagles athletes to be seen.

Matthew Baptiste showed his usual fine form by winning the discus with a 42.55 metres, as second place only managed 28.47m.

The field events proved very lucrative for the women with mighty Grace Jenkins to the fore.

Jenkins claimed a hat-trick of wins in the shot, discus and hammer events to complete a great day.

Stephanie Ugbo was also in form as she won the 400m and the high jump, while Priscilla Manango took the triple jump honours.

Grace Alatise was second in the 100m and won the B shot, while Vanna Arthur won the B sprint with Esther Bakare third in the 200m and second in the B triple jump.

Judith Vanderpuije was third in the long jump with Ade Okuguni second in the B event and also in the B 400m.

Shelley Jameson and Natalie Traylen played their part to win vital points while the team finished on a high point with victory in the sprint relay as the Beagles finished fourth on the day, a decent result in the sunshine.

Match Score: Highgate 289; Peterborough 259; Ealing 253; BEAGLES 181; Enfield 116; Barnet 62.



Beagle Karl Johnson clocked a new personal best to win the England Schools title in Birmingham.

Picture: NEB

Beagles youngsters teach the rest a lesson with medals in the English Schools champs

Athletics

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It was another wonderful weekend for the Newham & Essex Beagles youngsters as they grabbed a bunch of medals at the English Schools' Championships in Birmingham.

Competing in Essex colours, they grabbed two gold medals with hero of the moment Karl Johnson leading the way again.

Having won a brilliant bronze medal at the European under-18 Championships in Hungary last week, he was even faster in the 400 metre hurdles at the weekend.

He ran a superb new personal best of 51.69 seconds to win his race and strike gold as he continues his superb form.

Also striking gold was Aaron Ashmeade-Shoye who competed in the under-15 triple jump.

The youngster leapt to a new PB of 13.57 metres to beat 20 other competitors to take the gold.

There were plenty of other medal winners over the weekend with Mayowa Osunsami having a great time in the sprint hurdles.

He was only third in his heat, clocking 14.13 seconds, but he saved the best for the final where a new personal best of 13.83 gave him the bronze medal.

Damope Akinyemi also won the bronze medal in the junior long



Aaron Ashmeade-Shoye won gold at the weekend

Picture:NEB

jump thanks to a leap of 6.29m, while Joey Croft had a fine run in the under-20 2,000m steeplechase, clocking 6.09.52 for a bronze.

Sprinter Aleeya Sibbons had a busy weekend in the under-17 100m as she reached the final.

She clocked 12.22 to win her heat, then crossed the line in 12.34 to be joint second in the semi.

In the final she was slightly slower in 12.42 which was enough for sixth place.

Sariyah Shoyelu-Armstrong was fifth in her heat of the under-15 100m, while Zoe Thompson just missed out on a medal in the under-20 200m.

She was second in her heat in a

time of 24.98 and then scorched to a new PB of 24.60 in the final finishing an agonising fourth.

Lewis Davey made the final of the under-20 400m thanks to third place in his heat in 48.47 seconds.

He was fifth in the final in a slightly slower time of 48.70, while the other Beagles were involved in the field events.

Jerome Henry was 10th in the high jump with 1.84m, Seth Mokuolo managed a triple jump personal best of 13.50m to be seventh, while Theo Fadairo leapt 14.32m to be sixth in the under-20. To round things off, Blessing Joshua was 11th in the under-20 shot with 10.24m.

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London Stadium played host to the first Athletics World Cup at the weekend and there was some success for one Newham & Essex Beagle.

It has been a stop start season for sprinter Asha Philip, but when she joins up with her British team-mates for the sprint relay there are usually fireworks.

The 27-year-old Beagle led off the team of Imam Lansiquet, Bianca Williams and Shannon Hylton as they delivered a near perfect race to give them victory on the day.

Thye clocked an excellent 42.52 seconds, with Hylton valiantly holding off the challenge of the Jamaicans on the anchor leg.

"I knew what I needed to do on the first leg to make sure I put the team in the best position for the rest of the race," said Philip who confessed just how much she loves her local track in Stratford.

"I just knew the South African athlete was on my right, which made me realise I was in a good position."

Another Beagle in action was youngster Finette Agyapong.

The 21-year-old is more used to the 200m, but she stepped up to run the third leg of the 4x400m relay.

The team clocked 3.26.48 and Finette helped the team to fifth place on the day.

In the individual 400m, Rabah Yousif of the Beagles was in action and clocked 45.88 seconds to finish in a valiant fourth on the day.

Meanwhile, young Katie Head put in a battling performance at the World under-20 Championships in Tampere, Finland last week.

Competing in the hammer qualifying last Thursday, she managed a best effort of 56.97 metres to finish 11th overall.

It was two metres off the qualifying mark for the final and if she had matched her personal best, set in May, she would have managed it.

It was not to be, but the 17-year-old would have learned a lot from her international experience.



Finette Agyapong.

Picture: PA