



The Beagles men's team pose for the camera before their latest Met League race at the weekend.

Revee is a muddy marvel with another fine run in Met League cross-country

Athletics

Newham & Essex Beagles starlet Revee Walcott-Nolan showed her cross-country skills once again with a magnificent performance at the latest Met League race in Uxbridge.

The tall, under-23 runner battled home in second place in the race and impressed team manager Tony Shiret.

"There are about three women who are head and shoulders above the best and Revee is one of them," he said.

"She is a very talented runner and considering her main event is the 800 metres, she does pretty well in the cross-country. I can see her going under two minutes in the 800 next season, but she could do the 1,500m as well."

Walcott-Nolan finished just a second behind winner Naomi Taschimowitz in 19.25, while she was backed up by Amber Wallace, who finished 20th in 21.52.

Also in Beagles colours were Evie Grice, who was 45th in 23.01, while F60 vet Catherine Apps was 173rd in 29.41. Natalie Traylen came home in 184th, clocking



Revee Walcott-Nolan is in among the leaders during the Met League race at Uxbridge on Saturday, where she finished in second place. Pictures: NEB

30.42, while completing the Beagles team was Shelley Jameson in 213th in 34.14. That gave the women fifth on the day and seventh overall.

For the men, it was a mixed day with one good individual display, but with the team lacking in

strength.

"I was a bit disappointed with the result," added Shiret. "We were lacking in a little in our stronger runners on the day."

The best run was from Eoin Pearce who came home in 24.56 to take 12th place on the day.

"Eoin ran well on a tricky course," said Shiret. "It had a ski slope on it as well as a river to cross, so it was a bit different."

David Weir was 36th in 25.32 with James Downing 50th in 26.04.

In 74th was Nzimah Akpan (26.50), with Andre Coggins (27.00) just four places behind and Wayne Bell (27.09) in 87th.

Jad El-Houssaimi (27.57) was 125th and Yonis Mohamed (29.30) 194th, while Alex Moralel (30.53) was 260th and Francois Turpault back in 299th (31.59).

Completing the team was Derek Darnell (33.43) who was 302nd and Derek Gwilliam (37.52) who was 448th of the 485 finishers.

"I thought we would do better, but there are still two more to go and hopefully we can get a promotion for one of the teams this season," said Shiret.

The fourth Met League race will take place at Wormwood Scrubs in West London on January 13.

sport

Athletics

East End Road Runners began the new month with a bang at the Bedford half marathon.

A group of 11 members travelled to the event and braved wintry conditions to complete the course.

And Han Cherry, Uli Gerstenberg, Danielle Fletcher and Katherine Gibson all recorded personal bests for the

distance.

Closer to home, Danny Mansfield completed a 10k at the Queen Elizabeth Olympic Park.

If you would like more information about the club, visit eerr.org.uk. They are an England Athletics affiliated club who welcome all ages, abilities and personalities.



East End Road Runners at the Bedford half marathon.

School Sport



Cleveland year five/six football team won the Langdon Academy School Sport Partnership football event. Picture: LASSP

Cleveland year five/six boys' football team held their nerve to win the Langdon Academy School Sport Partnership football event on penalties.

The competition attracted 14 schools from across the borough, with sides split into three groups: two featuring five teams and the other containing four.

Nelson, Lathom, St Joachim's, St Helen's, Cleveland, Langdon, St Edward's and St Anthony's all progressed from the group stage to

the quarter-finals.

Cleveland beat Langdon 2-0, while St Joachim's and St Anthony's recorded 1-0 wins over St Helen's and St Edward's respectively and Lathom beat Nelson in a shoot-out.

Both semi-finals ended 1-0, with Cleveland overcoming Lathom and St Joachim's defeating St Anthony's.

After the final ended 0-0, Cleveland showed great character to win the shootout against St Joachim's, while St Anthony's triumphed 2-1 in the third-place play-off.

Basketball



Newham All Star Sports Academy under-16s team pose for the camera. Picture: NATASHA HART

Newham All Star Sports Academy (NASSA) under-16s had another successful weekend as they beat local rivals Newham Youngbloods 95-62.

The game began with both teams fairly evenly matched, however, it didn't take long for the NASSA team to establish themselves as the stronger team as they opened up a five-point lead over the Youngbloods.

NASSA took a 49-43 lead into the half-time break before they continued to

dominate the Youngbloods throughout the third and fourth quarter.

Good footwork and strong drives to the basket from NASSA left the Youngbloods floored and by the end of the game NASSA had bagged a comfortable win.

NASSA head coach Ryan Ocampo said: "This was another pleasing win for NASSA Under 16 team. Huge credit to the boys. I know that we still have a lot of work to do this season but I am confident that NASSA are always up to the challenge."