



Three of the Newham & Essex Beagles women (above, left) and some of their youngsters at the Met League. Picture: NEB

Reeve earns win but Beagles men have promotion hopes hit in a Met League mudbath

Beagles star Reeve Walcott-Nolan stormed to an impressive victory in the latest Met Cross-Country League match, but overall it was a disappointing day for the Newham team.

The men's team were hoping for promotion in the Division Two, but a lack of star quality on the day meant they finished in eighth place and drop to third with just one more race to go.

"I have to say I was disappointed on the day," said club manager Tony Shiret.

"We had one no-show, who would have made a difference, but all in all we did not have the strength in depth."

There were highlights. Sam Farah was sixth in 26.23, while second-claimer Jack Hallas had a good run in 17th, clocking 26.56, but they could not find the personnel to score the points.

Athletics

"We always struggle in the first race of the new year," said Shiret.

"We rely on a lot of middle-distance runners, and at this time of the year they want to be indoors practising their sprinting rather than wading through mud. I think we are going to struggle even more in the last race."

Also in action for the men were Jonny Monk, who was 47th, with Jad El-Houssami 92nd and Victor Nutakor, an 800m specialist, finishing in 123rd.

Wayne Bell was 163rd, Will Rial 257th and Francois Turpault 283rd, with the team finished off by Christopher Reid in 489th and Andrew Gwilliam in 525th.

The women had just four runners in action, but they were led home by Walcott-Nolan who clocked 22.23 to win by 29 seconds.

Gabrielle Ellis was 157th in 30.00, with Natalie Tralylen 257th and Shelley Jameson 323rd.

"It was a really good run by Reeve on the day and I was also pleased with the youngsters," said Shiret.

"The two boys in the under-11s both improved, while in the under-13s, Kai Quinn made a decent debut."

Omanhene Jumah led the way for the Beagles in the under-10s, clocking 6.29 for 14th spot, while Ben Lane was 18th in 6.36.

Quinn finished in 34th as he clocked 13.52, while Sharla Sullivan was 43rd in the under-11 girls' race.

The final race of the season takes place at Alexandra Palace next month.

"It will be a tough one for everyone," said Shiret.

"Coming down the hill there is like doing the Cresta Run!"

Athletics

Beagles sprinter Aleeya Sibbons earned a gold and a silver medal at the South of England Championships at Lee Valley.

The youngster took part in the under-17 200 metres and 60 metres and showed in both just what a hot prospect she is.

In the longer event, she breezed through her heat in first place, before clocking 25.86 in the semis to book her place in the final.

Sibbons left her best for the big one as she crossed the line in a superb 25.04 to take gold. She followed that up with another good display in the 60m, clocking 7.82 to finish runner-up in her heat, before winning her semi in 7.73.

In the final she managed 7.74 which was enough for silver.

There were some other excellent Beagles displays, not least from Joel Pascall.

In the under-17 60m, he was first in his heat and semi-final in 7.17 and 7.05 respectively and went sub-7.00 in the final, clocking 6.99 for silver.

Damope Akinyemi won silver in the long jump with 6.27m, and was sixth in the triple jump, while Aaron Ashmead-Shoye took bronze in the under-17 triple jump.

In the under-13 long jump,



Christopher Thompson claimed bronze with 4.34m.

Chenoa Acquah was sixth in the final of the under-13 girls' 60m, in 8.87, while brother Ossari was third in the semis of the under-15 200m in 24.59.

The Hanson brothers both had a busy weekend, with Noah fourth in his semi of the 200m, while Nathaniel went out in the heat.

Ossari Acquah and Noah Hanson both competed in the under-15 sprint, while Noah was fourth in his sprint hurdles heat in 9.74 and Nathaniel just missed out on a medal in the long jump as his best of 5.19 placed him fourth.

Sariya Shoyelu-Armstrong came through a heat of the under-15 60m in second, but was seventh in the semis.

Youth Sport



St Edwards celebrate winning the competition. Picture: PAT HECTOR

St Edward's had plenty to celebrate after winning the Langdon Academy Sport Partnership Year Five and Six Sportshall Athletics Competition.

A strong field of 18 teams took part in the event, with the results from both the boys' and girls' competition combined to decide the overall champion.

St Edward's finished the girls' category in top spot but finished runners-up to St Helen's in the boys, but it was still enough to secure a comfortable success overall.

St Luke's, meanwhile, finished second overall, thanks

in part to a strong showing in the girls' competition where they finished second.

In third place were St Helen's, who were helped by winning the boys' competition where they shone in the field events.

Other teams to do well included St Francis' who finished fourth overall after picking up bronze in both categories while St Anthony's finished fifth.

Cleveland, Aldersbrook, Sandringham, Nelson, Avenue, St Joachim's, Langdon, Essex, Elmhurst, St Michael's, Lathom, Godwin and Shaftesbury also competed.

sport

Non League Football

Clapton will host strugglers Southend Manor this weekend as they continue to battle their way back into the top half of the Essex Senior League table.

The Tons are set to welcome Adam Peek's side to the Old Spotted Dog on Saturday after also being due to host Hullbridge Sports last night (Tuesday).

They go into the match on the back of a 4-2 defeat to Stansted after striker James Peagram netted all four goals against Jonny Fowell's side.

Peagram netted from the spot in the 17th minute to give the hosts the lead, before another penalty two minutes later had the Airportmen two goals to the good.

And a third penalty from the

home striker completed his hat-trick and saw the home side go into the break three goals up.

Giovanni Palmer pulled one back for the Tons after an hour before James Falaise netted a second for the visitors three minutes later.

But Peagram netted his and Stansted's fourth almost immediately after to restore their two-goal lead.