

## SPORT

## sport

## Bowls

**After last week's decisive win over neighbours Central Park in the Cribbs Triples League, Plashet Park managed to do it all over again over the weekend.**

The two teams met in the Ilford & District League on Sunday and though it finished two rinks to one to Plashet, the overall victory was much more emphatic.

There was some joy for Central, although it didn't look like it as Plashet's team of Ken Davis, Bashir Patel and skip Vic Byrne opened up a thumping 9-0 lead.

However, Jim Grummett and his team of Phil David and Eddie Grigg turned the game on its head for Central.

They won 10 of the next 15 ends and in the end ran out winners by 21-16.

The other two rinks when Plashet's way.

Central's Colin West, Alan Dobson and skip John Lapping could only win four ends in their match against Ayub Patel, Peter Chilkes and skip Ismail Umarji who won by 29-11.

While on the other rink, Central's Sean Flynn and his team of Harry Morley and Tracy Hicks found themselves 14-6 ahead after 13 ends and looking comfortable.

But the Plashet team of Hanif Munshi, Cliff Dye and skip Youssef Saeed won the last five ends to clinch it by 20-14.

That made it 65-46 overall and eight of the 10 points for Plashet Park.

They may have the bragging rights over their rivals, but against high-flying Poplar in the Cribbs Triples League it proved a very different story.

They lost on all three rinks for their first defeat of the campaign as they went down by an emphatic 85-25.

The biggest defeat came for Byrne and his team of Ilyas Sharif and Alan Hogwood who conceded 22 shots before they managed one of their own.

In the end they were defeated 34-5, while Umarji and his team of Ayub Patel and Munshi were well beaten by 22-9.

The other rink saw Saeed and his team of Ken Carter and Bashir Patel go down 29-11 as they were beaten out of sight overall.

Poplar look to be a force to be reckoned with as they remain unbeaten in the Cribbs League.



The Beagles under-20 women's sprint relay team from the weekend's action in Kent.

Picture: NEB

## Damope double in two age groups shows why Beagles are winning YDL matches

### Athletics

#### DAVE EVANS

dave.evans@archant.co.uk

**The battling Beagles made it two wins out of two in the Youth Development League Upper Age Group match with an excellent performance at the weekend.**

The Division One B match at Sutcliffe Park in Kent saw the composite Newham and Basildon team put together an excellent match despite being without a whole host of athletes.

"It was a Bank Holiday and half term, so we were missing an extremely large number of athletes for this match, due to injuries, exam revision and competition clashes," said team manager Elyzabeth Shitta-Bey.

"Every single athlete who competed on the day is to be commended for enabling yet another team win."

With Basildon strong in the longer distances, the Beagles excelled in the sprints as usual.

In the under-17 category, Aleeya Sibbons took an impressive sprint double, clocking 12.45 seconds in

the 100 metres and 25.41 in the longer sprint.

Queen Tanimoma took the B 100m and then added a first place in the B triple jump, while Sherelle Dalling was second in the B 200m as well as finishing second in the long jump.

It all culminated in second place for the sprint relay team.

The under-20 women were also in fine form in the sprints.

Jazmin Whitehead-Shakes claimed the 100m in 12.83, while Zoe Thompson had a superb day, winning the B short sprint in a faster time of 12.45.

Thompson followed that up with a B 200m win in 25.41, a faster time than A 200m winner Dolita Awala-Shaw, who clocked 25.76.

Myome Tonge added points by finishing second in the high jump, while inevitably, the sprint relay team were in unstoppable form as Whitehead-Shakes, Thompson, Danielle Bakare and Aliyah-Shaw stormed to victory.

For the men, perhaps the outstanding performance came from Damope Akinyemi.

"He is a first year under-17 and

not only did he win the long jump at that age group which is his normal event, he also stepped up to fill in in the under-20 high jump, where he won with a new PB of 1.88 metres," said Shitta-Bey.

Emmanuel Abass is also at the under-17 level and was third in the B 200m, but won the B 400m in 54.35.

The 4x400m team were also first, while in the under-20s it was a busy day for Romzan Mohsan who was second in the shot, third in discus and won in the hammer with a throw of 40.63m.

William Adeyeye won the sprint hurdles in 14.52 and was second in the 200m, while Denis Jefia was third in the 100m and Rotimi Osunsami was second in the B race.

Both Jefia and Osunsami were in the second place sprint relay team alongside Abass and a Basildon athlete, while the 4x400m team won their race.

Beagles will look to make it three wins out of three at the next match, hosted by Woodford Green which takes place at Ashton Playing Fields on June 30.

**Result: Beagles 595; Tonbridge 541; ATIP 523; Woodford Green 504; Cambridge Harriers (Kent) 318.**

## sport

## Sports Awards

**The University of East London celebrated another great year of sporting success at their annual Sports Awards at Indigo at the O2.**

Professor Amanda Broderick welcomed students and unveiled UEL's new branding, extolling the virtues of quality education, before director of sport Matt Tansley highlighted the sporting achievements.

Tansley gave special mention to the men's and women's basketball teams, the women's football team and countless individual medals, including a third successive gold medal for the men's 4x100m relay squad at the BUCS Indoor Athletics.

"The power of sport is there for all to see," said Tansley, who spoke of students delivering sessions to 200 pupils from Gallions Primary and of plans to grow the community to reach 10,000 pupils by 2028.

Tansley thanked students for being an inspiration and motivation and revealed his immense pride at their success. "I've got the best job, the UEL Sports team give everything," he added.

The awards ceremony began with Daniela Bishop and Tijde Visser taking Sport & Exercise Science student of the year prizes, as Emily Marie Piazza was named the Sports Management student of the year.

Service to sport awards went to Sam Few, Adam Payne, Alvie Lyn Co, Jasmin Hladkij, Ailsa McDonald, Isaac Charles, Mohamed Sheikhnor and Laura Pakenham, while British and Commonwealth boxing champion Lawrence Okolie, a former UEL student, made a short address.

Okolie spoke of how Tansley gave him a sport scholarship at the age of 18, which led to him becoming an Olympian, and told the current cohort to always work hard and keep believing in themselves, giving out international excellence awards to Livinia Da Silva (basketball), Juan Diaz (baseball), Iby Akani (football), Saidou Khan (football), Gina Akpe-Moses (athletics) and Faris Ben-Lamkadem (jiu jitsu).

The London Lions were named Partner of the Year and UEL's club of the year award went to the Boat Club, while hockey took the most improved club award and the men's basketball walked off with team achievement of the year.

Canoeist Chris Bowers was given the Mike Brace CBE award for individual achievement by Olympic 400m champion Christine Ohuruogu MBE, while the charity award went to the rugby squad who raised £541 for CALM.